

EXCERPT FROM THE *UNIVERSAL VIBRATIONAL SPECTRUM* COURSE: PART 2 WWW.VESICA.ORG

A. SEVEN PRACTICAL SOURCES FOR APPLYING THE VIBRATIONAL BANDS

Everything in Creation has a specific configuration of the Bands of the Vibrational Spectrum.

These Bands are a Key which reveals how the Unified Source Energy (Centering Vibration) moves into a differentiated pattern, creating the uniqueness of a particular Being, Object, or Energy System.

As described earlier, the Vibrational Spectrum occurs within all Scales of Quality (Color, Sound, Taste, Touch, Feeling etc.) and on all Planes of Creation.

For practical purposes, we can apply the Power of a particular Vibrational Band through the use of particular sources. Some of the most common include:

1. **Color:** This can be **light sources** of particular colors (as are commonly used in Color Therapy), **objects** containing that particular color (natural minerals are the most essential in classical traditions), or projections of **Bio-Energy** which are given specific color vibrations.

Be aware that all light sources, all objects, etc. will have other vibrations present in addition to their visible color; these must be tested and taken into account when deciding how to apply the color vibration to a particular living being, object, or location. For example, light sources with disturbing flicker rates and containing toxic Mercury (fluorescent bulbs) create harmful effects on living energy fields, as can be detected with Personal Wavelength testing; they also create harmful Vertical Waves (from the internal Mercury etc.) in addition to the Horizontal Wave of the visible color they are projecting. For these reasons, fluorescent bulbs would not be a good light source to use to project a given color, due to these toxic materials and their harmful vibrations.

2. **Sound:** Created primarily by the human voice, musical instruments, or natural sources of sounds. Be aware of the complete vibrational matrix of the sound source, such as the **Vertical Waves which often accompany electronic sound sources or**

which can come from negative thoughts, emotions, or disease states held by a person making the sound with their voice.

3. **Shapes:** The material the Geometric Form is made of will have an effect on its total vibrational field. **In ancient times, the vibrations created by Geometric Forms were often applied through specific materials which themselves carried highly beneficial vibrations -- usually minerals / stones.** An example of this is the Ancient Egyptian “Faience”, a quartz crystal based substance which was used to make many of the Geometric Forms worn as amulets.

Components of Geometric Forms such as Number, Proportion, and Angle can also generate specific Vibrational Bands, in addition to the Vibrations of the general shape.

4. **The Mineral Kingdom:** Stones, Gems, Crystals, Mineral-Based Homeopathics. **Stones are the literal foundation of the physical plane, and the most solid / stable / enduring energy sources on the planet.** Every classical tradition uses specific stones for their powerful intrinsic vibrational effects, as well as using them to anchor projections of consciousness and energy on the physical plane. At the most fundamental physical level, key minerals are absolutely essential to human health.

5. **The Plant Kingdom:** Herbs, Essential Oils, Plant-Based Homeopathics. Plants are of course also a primary source of food, with **various Plants providing different Vibrational Bands which are processed through the stomach to be distributed through the body.**

6. **The Animal Kingdom:** All classical traditions use Animal Products for Vibrational Purposes. This of course includes the vibratory quality of animal meats and other products (milk, butter etc.) for nourishment, as well as the vibrational qualities of Furs etc. **There are also highly specialized Vibrations from certain animal parts** such as the Cow Horns used in BioDynamic Agriculture (packed with crushed crystal and manure and buried in the ground to vitalize the land), the ground Pearls / Ants / Horns used in Chinese Medicine, etc.

7. **Bio-Energy (The Human Kingdom):** Emanations from the Human Energy Field of specific vibrations, projected from the fingers, hands, or other areas of the body or energy field. These vibrations are accessed from the consciousness level (awareness / focus / resonance with the specific color vibration or other vibrational quality) and then projected from the person’s energy field.

The more clear the persons consciousness is -- ie the more free of negative thoughts and emotions at the time of the work -- then the cleaner and more free of toxic Vertical Waves the projected energy will be.

B. THE ASPECTS DESCRIBED FOR EACH VIBRATIONAL BAND

In this section we will focus primarily on the beneficial aspects of each Band, ie the Horizontal Wave of each Band.

We will begin the overview of Powers of the 12 Bands with the 7 Vibrational Bands which manifest within visible Color as the 7 Color Spectrum -- about which there is by far the most accumulated information regarding their effects -- and then survey the other 5 Bands, about which there is relatively less information.

For each Band, we will describe a series of aspects which are outlined below.

- 1. Physical Level:** This details physiological activities related to the Band.
- 2. Energetic Level:** The energetic activities (i.e., Etheric functions) of the Band.
- 3. Emotional / Mental Level:** Effects of the Band on Consciousness.
- 4. Spiritual Level:** How the Band is related to specific Spiritual Beings and phenomena.
- 5. Notes:** Specific Research and Deeper Observations regarding some Powers of the Band.
- 6. Color Variations:** The description of each Band is focused primarily on its own essential nature, before it mixes with other Bands or qualities which can alchemically shift its energy. When expressed within color, this essential nature of a Band would manifest as the pure, core color by itself.

However in the manifest world, Bands and Qualities are constantly mixing in order to create alchemical energetic effects. I have included at the end of many of the Vibrational Band surveys which follow, a list of variations for those vibrations which express themselves as visible color. These are other color variations connected to the pure Vibrational Band expressed as color.

Here are definitions of these types of variations:

Pastels: Colors with a large amount of White, i.e. the lightest form of the color.

Tints: Colors with White, that are more saturated in hue than are pastels.

Tints and Pastels tend to soften and literally “lighten” the effect of the color / Vibrational Band.

Tones: Colors mixed with Gray; have a dulling effect on the color, but may also intensify or alter its effects.

Shades: Colors that contain Black; these have an effect of increasing the “weight” of the color.

Tones and Shades tend to intensify the effect of the color / Vibrational Band, making it more dense and “heavy” -- these energies may be too much for a sensitive person, but may be required to penetrate sufficiently into the energy field of a person with a very dense energy field (smoker, heavy meat eater, accumulated toxic load, etc.)

Other concepts of interest, but which are not described in the individual sections which follow are:

Monochromatic: Combinations of one or more Pastels, Tints, Tones, or Shades of the same color.

Iridescent: Scatters Light, making a color appear sparkling and alive, rather than absorbing light like Black or reflecting Light like White.

C. BEGIN AND END EACH VIBRATIONAL BAND SECTION WITH TESTING

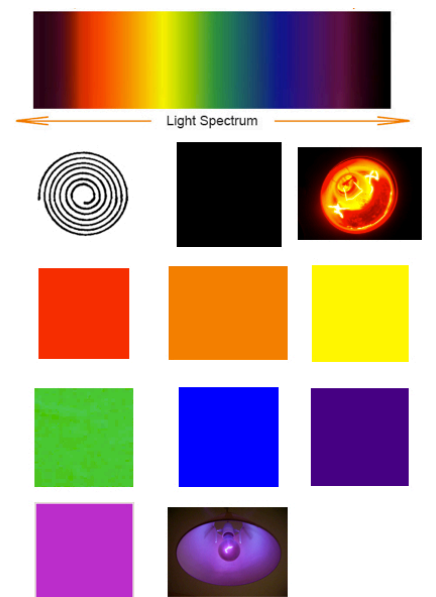
In an earlier practice we tested each one of the 12 Horizontal Wave Bands of the Vibrational Spectrum. Emphasis was placed on developing entrainment to each Band, so that your energy system begins to recognize and perceive it.

Steps for developing this entrainment include:

1. **Clear your Energy Field**, using your choice of the methods described earlier.
2. **Clear your Mind**, using the methods described earlier.
3. In the Clear Mind state, **focus your attention on the Vibrational Field of the item you are testing**. This is a state of pure awareness, with no “word thoughts” in the mind;. In the Clear Mind state, images may arise in your mind which are reflections of the essential nature of the item being tested; that is fine if it happens, but do not try to create them, let them arise naturally if they do occur. Do not allow other random thoughts or images to pull your attention away from the Vibrational Field of the item.
4. **Feel the connection between your Vibrational Field and the Field of the item being tested; be aware of the Pendulum acting as the intermediary between the two fields**. The Pendulum focuses your Vibrational Field on one specific Vibration within the field of the item being tested. Feel the “Pull” on the Pendulum when it detects (goes into Resonance with) the specific Vibration it is set for, emanating from the energy field of the item being tested.
5. **Observe any feelings (either Vibrational or Emotional) which arise when connecting to specific Bands or other energy qualities**. Be aware of the quality of the feelings: heat or cold, constriction or expansion, ease or dis-ease, etc. This not only tunes you into the Vibrational Testing at deeper level, it also will allow you to start observing what “signals” your body gives when detecting specific Bands or qualities. This will over time lead to much more accurate testing.

Together these steps will lead to a powerful entrainment which will allow you to perceive invisible vibrations. This process will in fact create new “Sense Organs” in your subtle bodies to perceive these vibrations.

For each of the 12 Band sections which follow, begin





your study of each section by testing that specific Vibrational Band using the process from the *Testing the 12 Beneficial (Horizontal Wave) Bands* practice described earlier (see page 46 of this manual.)

You will use the same Test Sheet you used for that practice (showing the 12 Band samples to test) and you will use the same Horizontal Wave Pendulum you used in that practice.

The pattern from the Test Sheet for each band is also given in each of the individual band sections which follow.

Test with full meditative immersion the Vibration you are about to study, testing over the sample on the Test Sheet for a few minutes. Experience that Vibration, including whatever signals appear in your body when you test it.

Then study the material on the Powers of that band; when you are finished the information for that band, then end that section by once again testing that Vibration with full immersion for a few minutes. This will greatly help in developing a living connection to that Vibrational Band.

At that point you can proceed to the study (and testing) of the next Band in the series.



D. POWERS OF THE RED BAND

[START BY TESTING THE RED VIBRATION SAMPLE, WITH THE HORIZONTAL PENDULUM SET TO RED.]

PHYSICAL LEVEL:

- * Core support for the **Physical Body**, overcomes **Paralysis**, revives those who are **Unconscious** (can prolong life in the dying, including those dying from injuries -- however may also increase their suffering while prolonging their life).
- * **Overcomes Weakness** and tiredness, increases activity when feeling lethargic.
- * Warming, Dilating (including **Blood Vessels and Air Tubes** so can be applied for some allergies)
- * Stimulates **Central Nervous System and all the Senses**;
- * Strengthens **Muscles**;
- * Energizes **Liver and Bones**;
- * Increases Blood Flow to **Skin**: in excess, can act as an irritant (possibly to the point of causing blisters and postules on skin);
- * Increases **Blood** flow circulation, builds hemoglobin & platelets, increases Heart activity;
- * Rapid **Tissue and Cellular** repair (including use for non-suppurating wounds, ie wounds which do not produce pus).

ENERGETIC LEVEL:

Strengthening; Stimulating; Activating; Vitalizing; Warming / Expanding / Dilating.

EMOTIONAL / MENTAL LEVEL:

Passion of all kinds; Ardent Love / Desire; Anger; Exuberance.

SPIRITUAL LEVEL:

- * Red is related to the **Warmth Ether**, the first stage of movement from the Astral Plane to the Physical Plane. Appearing first as an Infra-Red warmth, it then manifests into the Physical Plane with the Red Band.
- * In the powerful Esoteric Christian Healing System taught by Stylianos Atteshlis (Daskalos) in Cyprus, **Archangel Michael** is connected to the Vibration of Red, appearing often as a Red Flame (including in the construction of protective Geometries with Red Flame, created around the human body and energy field of the Initiate.)
- * Esoterically, Archangel Michael protects the Human Being and the Physical Plane from the entry of detrimental spiritual Beings. In European Esotericism, Archangel Michael is one of Four Archangels which support and protect the Physical Plane through the “Four Watchtowers” which they anchor. From one perspective Michael guards the “**Red Gate**” of entry into the Physical, which is related to the Divine Power of the Red Band to vitalize, cleanse, and active the Heart and Blood of Beings in the physical world.

NOTES:

- * In Chinese Medicine **Red is the Fire Element and connects to the Heart and Small Intestine**. Fire holds the Power of Expansion. It is connected to **supporting Love, Joy, and Happiness**, and to **counter-acting Hate, Impatience, and Cruelty**.
- * In Feng Shui, Red is related to **Triangular forms** (fire).
- * Because it is on the opposite polarity extreme in visible light to Violet / UltraViolet, Red was used by Dinshah for healing the skin of burns from UV or ionizing radiation (includes **sunburns, X-Ray burns, and nuclear radiation burns**).
- * Can accelerate spread of some pathogens in the body, so some healers may choose **not to apply the Red Vibrational Band to lower chakras if STD's are present**. STD's will appear as Vertical -G concentration in the body at the genitals and lower abdomen, possibly with Vertical Black and/or Vertical Infra-Red as well (other Vertical Bands are also possible.)
- * Master Choa Kok Sui's Pranic Healing “**Master Healing Technique**” was projecting Light Red Prana to the Base Chakra and to the Meng Mein (Back Navel Chakra) to greatly increase strength and vitality in the whole body, overcome altitude sickness, etc. The Base and Meng Mein Chakras were cleared (“swept”) energetically before activating with the Red Prana. However be careful with this method, do not use it on a regular basis on a person, or serious energetic burn-out can occur (as with some

athletes who were “super-charged” with energy at the Meng Mein and then became ill from an overstimulated, exhausted system.)

- * In visible color (or invisible vibrational sub-bands of Red), **some darker Reds may be weakening** instead of strengthening. Also the strengthening effect of Red can vary based on the state of the energy system it is applied to.
- * Be **careful of Red for people with sensitive nervous systems** & depleted adrenals.
- * Modern scientific research has shown that for healing surface wounds, Red light around 620-660 nm is optimal. **Light in the Red 600-660 nm range is also ideal for matching the frequency of the cell membrane, which was found in research at the University of Chicago in the 1970’s to average between 600nm and 720nm.** The 620-660 range also appears to be optimal for absorption in hemoglobin.
- * Many modern scientific studies have found beneficial effects with the combination of Red and Infra-Red frequencies for wound healing; see the section on the Powers of the Infra-Red Band for more information.
- * Enel connected **Red to the metal Iron** and to an **Acid chemical reaction**.

VARIATIONS ON RED:

Pastel is PINK.

Tint is ROSE.

Tone is BURGUNDY.

Shade is CRIMSON.

- * For Feng Shui purposes, Fire / Red is sometimes considered to also be related to the **colors of Pink, Purple, Peach, and sometimes Violet.**
- * The Pink (Pastel of Red) and Rose (Tint of Red) Vibrations are very important in many Holistic Healing and Spiritual Systems. Pink Prana connects with Love & the Heart Chakra in Pranic Healing. **Persons who are highly agitated, upset, or violent (emotionally or physically) can be calmed with Pink Prana** (which can be held in place by surrounding it with Blue Prana.)
- * The Rose color is also associated with the Heart. One important example is Rudolf Steiner’s description of the “Etherization of the Blood”: when the the Heart is spiritually activated it releases the Etheric force from the Blood into **a Rose Stream of Light which then rises to the Forehead and activates higher consciousness.**

Rose Quartz is used for Heart Resonance in vibrational work with stones.

The Rose Vibration occurs in the Plant Kingdom with the **literal Rose flower**, which has an extremely high vibration.

Rose is one of the four “Soul-Spirit” colors in Mandel’s Colorpuncture. Mandel describes the Rose vibration as carrying **the secret of spiritual growth** and new beginnings.

[END THIS SECTION BY TESTING THE RED VIBRATION SAMPLE, WITH THE HORIZONTAL PENDULUM SET TO RED.]



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